

MANAGEMENT OF DEHYDRATION

Dehydration -

IV fluid Ringer lactate/normal saline 75ml/kg to be given over 4 hrs.

Where the facility for IV fluids is not available administer ORS 75 ml/kg 4 hrs through nasogastric tube.

Reassess -

If there is improvement continue with maintenance IV fluid/if no improvement is detected, switch to treatment for severe dehydration.

Severe Dehydration -

IV fluid Ringer lactate 100ml/kg is given as per the table below :

Rate of Fluid (Ringer Lactate)	30ml/kg	70ml/kg
< 1yr	1hrs	5hrs
> 1yr	1/2 hrs	2 ½ hrs

Reassess -

If there is improvement switch to maintenance/ if no Improvement is detected or deterioration is observed infuse IV fluid more rapidly.